

## General

#### Title

Diagnostic imaging: percentage of final reports for patients aged 18 years and older who had a previously documented iodinated contrast reaction who undergo any imaging examination using intravenous iodinated contrast that include documentation that the patients were pre-medicated with corticosteroids with or without H1 antihistamines.

## Source(s)

American College of Radiology (ACR), American Medical Association-convened Physician Consortium for Performance Improvement® (PCPI®), National Committee for Quality Assurance (NCQA). Diagnostic imaging performance measurement set. Reston (VA): American College of Radiology (ACR); 2015 Feb. 58 p. [89 references]

#### Measure Domain

## Primary Measure Domain

Clinical Quality Measures: Process

## Secondary Measure Domain

Does not apply to this measure

# **Brief Abstract**

## Description

This measure is used to assess the percentage of final reports for patients aged 18 years and older who had a previously documented iodinated contrast reaction who undergo any imaging examination using intravenous iodinated contrast that include documentation that the patients were pre-medicated with corticosteroids with or without H1 antihistamines.

#### Rationale

Reactions to contrast media are common, occurring in as many as 13% of patients (Bush & Swanson, 1991). Most reactions are mild, with severe reactions occurring in less than 1% of cases (American College of Radiology [ACR] Committee on Drugs and Contrast Media, 2013). Premedication with

corticosteroids has been shown to reduce the rate of contrast reactions by as much as 35% among "high risk" patients who have had a previous reaction to contrast media (Lasser et al., 1994).

The following evidence statements are quoted <u>verbatim</u> from the referenced clinical guidelines and other references:

The primary indication for premedication is pre-treatment of "at-risk" patients who require contrast media. In this context, "at-risk" means at higher risk for an acute allergic-like reaction (ACR Committee on Drugs and Contrast Media, 2013).

Before deciding to premedicate an "at-risk" patient, some consideration should be given to the goals of such premedication. Ideally, one would like to prevent all contrast reactions, including minor, moderate, and severe ones. However, it is most important to target premedication to those who, in the past, have had moderately severe or severe reactions requiring treatment (ACR Committee on Drugs and Contrast Media, 2013).

No premedication strategy should be a substitute for the preadministration preparedness discussed in this manual. Contrast reactions occur despite premedication prophylaxis. The radiologist must be prepared and able to treat these reactions. Most commonly, a repeat reaction will be similar to the patients' initial reaction; however, there is a chance that a recurrent reaction will be more or less severe (ACR Committee on Drugs and Contrast Media, 2013).

#### Evidence for Rationale

ACR Committee on Drugs and Contrast Media. ACR manual on contrast media [version 9]. Reston (VA): American College of Radiology; 2013. 128 p.

American College of Radiology (ACR), American Medical Association-convened Physician Consortium for Performance Improvement® (PCPI®), National Committee for Quality Assurance (NCQA). Diagnostic imaging performance measurement set. Reston (VA): American College of Radiology (ACR); 2015 Feb. 58 p. [89 references]

Bush WH, Swanson DP. Acute reactions to intravascular contrast media: types, risk factors, recognition, and specific treatment. AJR Am J Roentgenol. 1991 Dec;157(6):1153-61. PubMed

Lasser EC, Berry CC, Mishkin MM, Williamson B, Zheutlin N, Silverman JM. Pretreatment with corticosteroids to prevent adverse reactions to nonionic contrast media. AJR Am J Roentgenol. 1994 Mar;162(3):523-6. PubMed

# Primary Health Components

Iodinated contrast reaction; imaging examination; intravenous iodinated contrast; premedication; corticosteroids; H1 antihistamines

# **Denominator Description**

All final reports for patients aged 18 years and older with a previously documented iodinated contrast reaction who undergo any imaging examination using intravenous iodinated contrast (see the related "Denominator Inclusions/Exclusions" field)

## **Numerator Description**

Final reports for patients 18 years and older who were pre-medicated with corticosteroids with or without

# Evidence Supporting the Measure

#### Type of Evidence Supporting the Criterion of Quality for the Measure

A clinical practice guideline or other peer-reviewed synthesis of the clinical research evidence

A formal consensus procedure, involving experts in relevant clinical, methodological, public health and organizational sciences

One or more research studies published in a National Library of Medicine (NLM) indexed, peer-reviewed journal

# Additional Information Supporting Need for the Measure

#### Importance of Topic

As imaging technology continues to advance, the United States healthcare system has seen an increase in both the type and frequency of imaging studies being performed. The increase in utilization of imaging studies is accompanied by a corresponding increase in cost and exposure to radiation for both patients and healthcare professionals.

From 1980 to 2006, the number of radiologic procedures performed in the United States showed a ten-fold increase while the annual per-capita effective dose from radiologic and nuclear medicine procedures increased by 600% (Mettler et al., 2009).

From 1996 to 2010, the number of computerized tomographic (CT) examinations tripled, while the number of ultrasounds nearly doubled (Smith-Bindman et al., 2012).

From 1996 to 2010, advanced diagnostic imaging (i.e., CT, magnetic resonance imaging [MRI], nuclear medicine, and ultrasound) accounted for approximately 35% of all imaging studies (Smith-Bindman et al., 2012).

From 1980 to 2006, the proportion of radiation exposure that is attributable to medical sources increased from 17% to 53% (Mettler et al., 2009).

In 2006, while CT scans only accounted for approximately 17% of all radiologic procedures performed in the United States, they accounted for over 65% of the total effective radiation dose from radiologic procedures (Mettler et al., 2009).

In 2006, the estimated per-capita effective radiation dose for radiologic procedures in the United States was nearly 20% higher than the average for other well-developed countries (Mettler et al., 2009).

Diagnostic imaging was prioritized as a topic area for measure development due to a high level of utilization, rising costs, and the need for measures to help promote appropriate use of imaging and improve outcomes.

#### Opportunity for Improvement

In a 2011 survey (O'Malley et al., 2011) of uroradiologists, 86% of respondents reported having a standardized premedication regimen. Additionally, the survey found significant variability in the use of premedication for specific clinical scenarios such as an urgent or emergent situation.

## Evidence for Additional Information Supporting Need for the Measure

American College of Radiology (ACR), American Medical Association-convened Physician Consortium for Performance Improvement® (PCPI®), National Committee for Quality Assurance (NCQA). Diagnostic imaging performance measurement set. Reston (VA): American College of Radiology (ACR); 2015 Feb.

Mettler FA, Bhargavan M, Faulkner K, Gilley DB, Gray JE, Ibbott GS, Lipoti JA, Mahesh M, McCrohan JL, Stabin MG, Thomadsen BR, Yoshizumi TT. Radiologic and nuclear medicine studies in the United States and worldwide: frequency, radiation dose, and comparison with other radiation sources--1950-2007. Radiology. 2009 Nov;253(2):520-31. PubMed

O'Malley RB, Cohan RH, Ellis JH, Caoili EM, Davenport MS, Dillman JR, Khalatbari S, Myles JD. A survey on the use of premedication prior to iodinated and gadolinium-based contrast material administration. J Am Coll Radiol. 2011 May;8(5):345-54. PubMed

Smith-Bindman R, Miglioretti DL, Johnson E, Lee C, Feigelson HS, Flynn M, Greenlee RT, Kruger RL, Hornbrook MC, Roblin D, Solberg LI, Vanneman N, Weinmann S, Williams AE. Use of diagnostic imaging studies and associated radiation exposure for patients enrolled in large integrated health care systems, 1996-2010. JAMA. 2012 Jun 13;307(22):2400-9. PubMed

## **Extent of Measure Testing**

# Evidence for Extent of Measure Testing

American College of Radiology (ACR), American Medical Association-convened Physician Consortium for Performance Improvement® (PCPI®), National Committee for Quality Assurance (NCQA). Diagnostic imaging performance measurement set. Reston (VA): American College of Radiology (ACR); 2015 Feb. 58 p. [89 references]

# State of Use of the Measure

#### State of Use

Current routine use

#### Current Use

not defined yet

# Application of the Measure in its Current Use

# Measurement Setting

Ambulatory/Office-based Care

Ambulatory Procedure/Imaging Center
Hospital Inpatient

**Hospital Outpatient** 

Long-term Care Facilities - Other

Skilled Nursing Facilities/Nursing Homes

## Professionals Involved in Delivery of Health Services

not defined yet

## Least Aggregated Level of Services Delivery Addressed

Individual Clinicians or Public Health Professionals

## Statement of Acceptable Minimum Sample Size

Does not apply to this measure

### **Target Population Age**

Age greater than or equal to 18 years

## Target Population Gender

Either male or female

# National Strategy for Quality Improvement in Health Care

# National Quality Strategy Aim

Better Care

# National Quality Strategy Priority

Making Care Safer
Prevention and Treatment of Leading Causes of Mortality

# Institute of Medicine (IOM) National Health Care Quality Report Categories

#### IOM Care Need

**Getting Better** 

#### **IOM Domain**

Effectiveness

Safety

# Data Collection for the Measure

## Case Finding Period

Unspecified

## **Denominator Sampling Frame**

Patients associated with provider

## Denominator (Index) Event or Characteristic

Clinical Condition

Diagnostic Evaluation

Patient/Individual (Consumer) Characteristic

### **Denominator Time Window**

not defined yet

## Denominator Inclusions/Exclusions

Inclusions

All final reports for patients aged 18 years and older with a previously documented iodinated contrast reaction\* who undergo any imaging examination using intravenous iodinated contrast

 $* \textit{Contrast Reaction:} \ allergic\mbox{-like reaction following a prior imaging examination with intravenous iodinated contrast.}$ 

Exclusions

Unspecified

Exceptions

None

# Exclusions/Exceptions

not defined yet

# Numerator Inclusions/Exclusions

Inclusions

Final reports for patients aged 18 years and older who were pre-medicated with corticosteroids with or

Exclusions Unspecified

## Numerator Search Strategy

Fixed time period or point in time

#### **Data Source**

Electronic health/medical record

Imaging data

Paper medical record

Registry data

## Type of Health State

Does not apply to this measure

## Instruments Used and/or Associated with the Measure

Unspecified

# Computation of the Measure

# Measure Specifies Disaggregation

Does not apply to this measure

## Scoring

Rate/Proportion

# Interpretation of Score

Desired value is a higher score

# Allowance for Patient or Population Factors

not defined yet

# Standard of Comparison

not defined yet

# **Identifying Information**

### **Original Title**

Measure #9: use of premedication before contrast-enhanced imaging studies in patients with documented contrast reaction.

#### Measure Collection Name

Diagnostic Imaging Performance Measurement Set

#### Submitter

American College of Radiology - Medical Specialty Society

### Developer

American College of Radiology - Medical Specialty Society

National Committee for Quality Assurance - Health Care Accreditation Organization

Physician Consortium for Performance Improvement® - Clinical Specialty Collaboration

## Funding Source(s)

Unspecified

## Composition of the Group that Developed the Measure

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## Financial Disclosures/Other Potential Conflicts of Interest

None of the members of the Diagnostic Imaging Work Group had any disqualifying material interest under the Physician Consortium for Performance Improvement (PCPI) Conflict of Interest Policy.

#### Adaptation

This measure was not adapted from another source.

## Date of Most Current Version in NQMC

2015 Feb

#### Measure Maintenance

This measure is reviewed and updated every 3 years.

## Date of Next Anticipated Revision

2018

#### Measure Status

This is the current release of the measure.

# Measure Availability

Source available from the American College of	f Radiology (ACR) Web s	ite	
For more information, contact ACR at 1891 Pre	eston White Drive, Resto	on, VA 20191; Phone:	703-648-8900;
F-mail: info@acr.org: Web site: www.acr.org			

## **NQMC Status**

This NQMC summary was completed by ECRI Institute on October 13, 2015. The information was verified by the measure developer on November 19, 2015.

#### Copyright Statement

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### **Production**

## Source(s)

American College of Radiology (ACR), American Medical Association-convened Physician Consortium for Performance Improvement® (PCPI®), National Committee for Quality Assurance (NCQA). Diagnostic imaging performance measurement set. Reston (VA): American College of Radiology (ACR); 2015 Feb. 58 p. [89 references]

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